



940 WINZ Event Calendar

Tuesday, May 20, 2008



Healthy Kids Day *Saturday, April 18, 2009*

The YMCA of Broward County is hosting its annual Healthy Kids Day, a free community event to assist kids, adults and families who want to lead healthy lifestyles but struggle to do so, at four YMCA locations across Broward County and at Rock Island Elementary in Fort Lauderdale.

Activities will include swim safety education, nutrition information, a parent/child obstacle course, Y sports for all ages and aerobic demonstrations.

To celebrate the 65th anniversary of the YMCA of Broward County, the first 65 people at each Healthy Kids Day location will be invited to join the YMCA free of the \$125 registration cost.

For more information, call the YMCA of Broward County at (954) 334-9622 or visit www.ymcabroward.org